

# The Londonderry Monthly

Volume 6 Number 4

April 2015

## Letter from the Editor:

Happy Spring.... Finally! Almost... What is the famous saying “Spring - comes in like a Lion, goes out like a Lamb”? I can’t say I’m confident that winter won’t get in some final lashes as I watch the snow fall YET AGAIN, but I’m relieved we are almost done with it!! Hopefully the 50 shades of grey we are experiencing will be on the wane and we will have a sunshine filled Easter and will welcome spring with open arms! It will be a nice change to see green grass, bulbs and blossoms soon! I’m almost eager for mud season... is that possible? Anything sounds better than this cold and snow!

Darcy Duval

SLFD

Fire Chief, George H. Lang, on behalf of Champion Fire Co. #5 of South Londonderry, would like to thank the voters of Londonderry for supporting the new fire engine article on Town Meeting day. We appreciate your continued support.

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Don’t forget to check the awesome community calendar often for dates and details about doings in derry on the town website!!!!



## Painted Eggs and Easter Bonnets at the Library

The South Londonderry Free Library is optimistically celebrating the arrival of spring with a special workshop for kids on Saturday, April 4<sup>th</sup> at 10:30 a.m. Children of all ages are invited to unleash their creativity and make stylish hats for Easter with artist Casey Junker Bailey. Kids will also have the opportunity to use food safe dyes to paint their own easter egg cookies to bring home. The program is free of charge and appropriate for all ages (even grownups!). For more information, contact the library at 824-3371.

# The Londonderry Monthly

## Beautify Londonderry Today Project

### Sponsored by Local Rotary Club

The Wantastiquet Area Rotary Club is kicking off a community effort to help beautify downtown Londonderry. A group calling themselves "*Friends of Main Street*" will work with local merchants to place special planters with beautiful flowers in visible spots – to help give shopping areas a little "lift".

Two years ago, the Green Mountain Gardeners planted a variety of elm and maple trees and bushes along Main Street – as well as a large flower box by Jelley's – and installed four lovely stone benches by the West River around the Farmers' Market area. Before that, trees had been planted and marked "in memory of loved ones" around town. And thanks to Berthe and Bob Cowles, for years lovely flower boxes have adorned bridges in Londonderry and South Derry.

This new Rotary sponsored project will pleasantly complement all of these earlier efforts – and hopefully make a lasting visual statement all summer long for all of us who stop and shop in Londonderry. No doubt, the addition of over 20 planters with colorful annuals will make people smile, even if they simply drive by.

So, here's where your help is needed. Please consider donating to the project by simply writing a tax-deductible check to Wantastiquet Area Rotary Club, c/o Barbara Wells, 1211 Thompsonburg Road, South Londonderry, VT 05155 – and earmark the check for the *Friends of Main Street Project*. With everyone's help, we'll all be able to say: "It's a beautiful thing!"

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## NORDIC HARMONI CHORUS INVITES YOU TO JOIN!!!

The Nordic Harmoni Chorus, a member of the American Union of Swedish Singers, is a mixed chorus of 20 voices. Our focus is on songs that are fun to sing, performing in English & Swedish. No auditions necessary. The Nordic Harmoni Chorus was founded in Londonderry over 10 years ago. We rehearse at the Second Congregational Church on Tuesday evening at 7 p.m. and our singing season is from May to December. We have over 20 singers and a terrific Director, keyboard player and arranger, Ken Olsson.

In addition to regular concerts, such as our performance at the Peru Fair, we sponsor traditional Scandinavian social events, such as Midsommar and Sankta Lucia Fests. There are no auditions. You are invited to sit in on our first rehearsal on Tuesday, May 12.

### Contact Information

Nordic Harmoni Chorus, Carl-Erik Westberg, President email: [vartland@comcast.net](mailto:vartland@comcast.net) or phone 802-824-6578

# The Londonderry Monthly

## 40 years and counting...Mountain Valley Medical Clinic

MVMC is celebrating 40 years of caring as the area's only primary care medical clinic. We are a non-profit, community owned organization that has relied since day one on the generous support of the community to ensure our ability to live up to our mission statement of *providing care to all without regard to ability to pay*.

To kick off our anniversary year, we are holding a raffle featuring twin kayaks along with vests, paddles, and two passes to Vermont State parks for the season. If you would like to show your support and participate in this featured fundraiser, please stop by the clinic or ask a board member. Cost is \$20 per ticket or \$100 for a book of 6. Drawing will be held July 11<sup>th</sup> but the winner need not be present to win. MVMC thanks Equipe Sports for supporting our "Kayak Raffle".

## Kayak Raffle

## To Benefit

## Mountain Valley Medical Clinic



**Win 2 Pungo Wilderness Kayaks, Vests & Paddles  
Plus 2 One-Year Vermont State Parks Passes**

**Total Retail Value Over \$2,000**

**Raffle Tickets \$20 each or \$100 for a book of 6**

**Drawing to be held July 11, 2015**

**Tickets available at Mountain Valley Medical Clinic  
Route 11 in Londonderry**

**For More Information, Call MVMC at 802-824-6901**



# The Londonderry Monthly

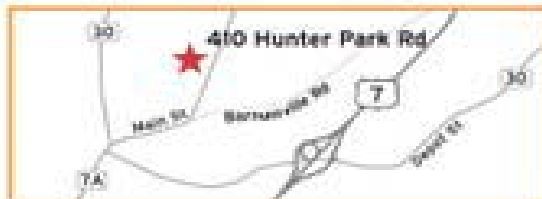
We'll take  
your paint!



## FREE Paint Drop-Off Event for Anyone in Vermont

**DATE & TIME** Saturday, April 18, 2015  
9 am - 1 pm

**LOCATION** Riley Rink at Hunter Park  
410 Hunter Park Rd  
Manchester, VT 05255



### WHAT PAINT PRODUCTS CAN YOU BRING?

This event is free and open to residents and businesses from anywhere in Vermont. Households may bring any amount of latex or oil-based paint. Businesses that generate less than 220 pounds (about 20-30 gallons) of hazardous waste per month may bring any amount of latex or oil-based paint. Businesses that generate more than 220 pounds of hazardous waste per month can bring any amount of latex paint only, but they cannot bring oil-based paint to this event.

#### NOT ACCEPTABLE

- No leaking, unlabeled or empty containers
- No aerosol spray paints
- No drums or containers larger than 5 gallons
- We cannot accept other hazardous waste or chemicals, such as paint thinner, solvents, motor oil, speckle, glue, adhesive, roofing tar, pesticides, cleaning chemicals

#### ACCEPTABLE

Containers must have original labels. This event is for the following products only:

- House paint and primers (latex or oil-based)
- Stains
- Deck and concrete sealers
- Clear finishes (e.g., varnishes, shellac)

### Recycle with PaintCare

Paint manufacturers created PaintCare, a non-profit organization to set up convenient places for you to recycle leftover paint. We are establishing drop-off sites throughout Vermont where you can take smaller amounts of paint all year long. Visit [www.paintcare.org](http://www.paintcare.org) or call 855-724-6809 to find paint drop-off sites.

# The Londonderry Monthly

## Londonderry Transfer Station *and* Recycling Center Hours

Mon., Tue., Thur., Fri., Sat. 9am to 4pm Pilot program – Sunday hours 10am to 2pm

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**Article Submission Information** If your group or organization has community news to share, and you would like to submit an article to The Monthly for publication, please contact us via email at [derrynews@aol.com](mailto:derrynews@aol.com). For your reference, our article submission deadline is the 23<sup>rd</sup> of each month. Due to space limitations it is up to our discretion to edit any and all submissions and/or reject submissions. Please only submit word or documents that can be edited. The articles and information enclosed do not necessarily reflect the opinions or policies of the Town of Londonderry or its board members.

**TOWN EMAIL LIST** The town has established an Email/distribution list to send important and emergency information to town residents and property owners. If you have not submitted your email address, please consider doing so. Your information will not be shared with anyone. Call the town office e at 824-3356 or email to [londontown@vermontel.net](mailto:londontown@vermontel.net)

**Bone Builders** meet FREE at the Twitchell Bldg every Monday and Wednesday at 9:30

a.m. **THE BUSINESS of LIVING . . . One of the “rites of Spring” is annual housecleaning! Some of this requires that “someone” get (*literally*) on top of things to dust and clean. *However that does not mean YOU!* The Center for Disease Control and Prevention tells us that each year, millions of adults aged 65 and older fall.**

### **How big is the problem?**

- **One out of three older adults (those aged 65 or older) falls each year but less than half talk to their healthcare providers about it.**
- **Among older adults, falls are the leading cause of both fatal and nonfatal injuries.**
- **In 2013, 2.5 million nonfatal falls among older adults were treated in emergency departments and more than 734,000 of these patients were hospitalized.**
- **In 2013, the direct medical costs of falls, adjusted for inflation, were \$34 billion.**

### **Coming Soon!**

**2015 West River Farmers Market**

**Open May 23rd thru October 10**

**Every Saturday 9 to 1**

**Londonderry, VT 11 and 100**

**All the details @[westriverfarmersmarket.com](http://westriverfarmersmarket.com)**

**3rd Annual WEST RIVER TRAIL RUN**

**Saturday June 6th - National Trail Day**

**Run or walk 11 miles of amazing trail along the beautiful West River from South Londonderry Depot to Jamaica State Park**

**Solo Runners/walkers or Relay teams of 3. Sign up now for \$25 individuals. April 1st \$35**

Link for more information and registration:

<http://thecollaborative.us/westrivertrailrun/>

# The Londonderry Monthly

## AMERICAN LEGION SHOOTING COMPETITION

### APRIL 26, 2015

**Join us for a fun competition to see who  
the best shooter is among the local  
Legion Posts!**

**Sign up deadline is April 12, 2015. You must be a paid member of a local  
Legion Post's Legion, Sons, or Auxiliary to enter, so please see your local  
Post to find out how to become a member and join the competition.**

**One representative from a Post will be chosen and awarded a floating  
trophy to display in their Legion Post until the following year when that  
person will hand over the trophy to the new winner.**



**Bring your own .22  
Caliber rifles and  
long rifle .22 ammo**

**Paper targets at 50  
yards for round 1  
and 2 with five shots  
each, final round is  
single shot!**

**Hale Mountain Fish  
and Game Club in  
Shaftsbury, VT to  
Host the Event**

**\$10 admission  
donation to pay for  
cost of event**

**HOSTED BY  
AMERICAN LEGION POST  
#69**

PO Box 339  
54 Legion Rd  
Arlington, VT 05250

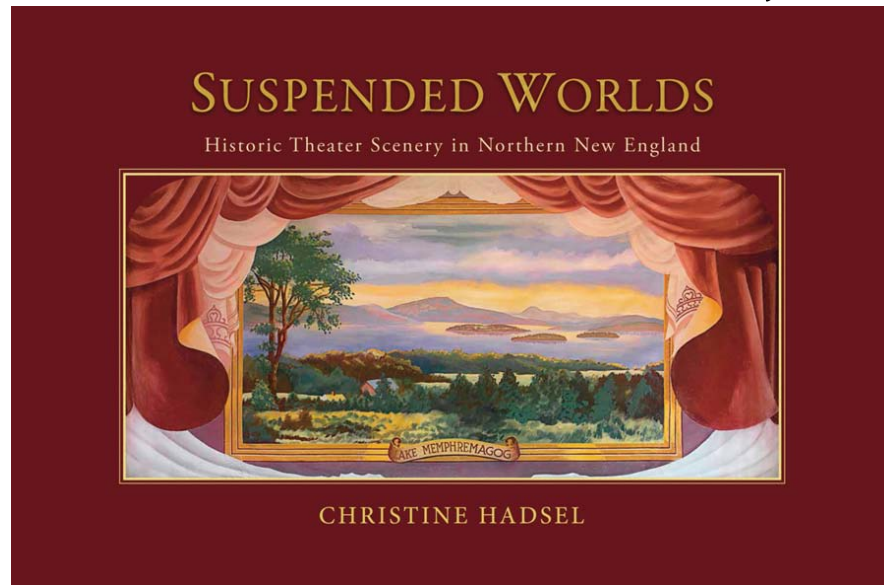
802-375-6157  
legionvt69@hotmail.com

# The Londonderry Monthly

## THE BOOK LAUNCH PARTY

SAVE THE DATE!

MAY 31, 2015



**WHERE: THE COACH BARN, SHELBURNE FARMS  
SHELBURNE, VT.**

**WHEN 3:00 pm TO 6:00 pm**

**COME BUY A BOOK, MEET PUBLISHER DAVID GODINE  
ADMIRE THE GRAND DRAPE FROM STARKSBORO**

**PLEASE RSPV TO [chris.hadsel@gmail.com](mailto:chris.hadsel@gmail.com) TO HELP PLAN FOR  
REFRESHMENTS**

Thanks to Shelburne Farms for donating the Coach Barn on this occasion, to the Town of Starksboro for lending their curtain, and to Robert Brier for installing it.

The Curtains from the Old Town Hall in South Londonderry are included in this very special book!

## The Londonderry Monthly

# 3 Easy Ways to Get Your Vermont Income Tax Forms

**1**

**Download fillable PDF forms from the web**  
Download, complete, and print forms at  
**[www.tax.vermont.gov](http://www.tax.vermont.gov)**

**2**

**Order forms by email**  
Email your request to  
**[taxforms@state.vt.us](mailto:taxforms@state.vt.us)**

**3**

**Order forms by phone**  
Call toll-free in the U.S.  
**(855) 297-5600**

**When ordering,  
please tell us:**

1. Your name
2. Mailing address
3. Form number  
or form name
4. Daytime phone  
number

**Quick Tips:**

- Order your paper forms early for timely delivery
- Use current year forms from the same source
- Do not use photocopied forms

**E-file your taxes  
for a faster refund!**

